

Special Issue

Vitamin, Mineral, and Diet Supplementation for Women Health

Message from the Guest Editors

Substitution of vitamins and minerals is widespread in a preventive and therapeutic setting, as well as in the field of complementary medicine. Several substances have been discussed for the prevention of cardiovascular diseases as well as cancer. Vitamin D, selenium, vitamin a, omega-3-fatty acid, as well as lycopene are just some of them. Additionally, Ginkgo Biloba is known as a substance not only for the prevention of cognitive disorders but also for cardiovascular diseases.

In the field of gynecological oncology, for example, in the treatment of breast and ovarian cancer as well as uterine cancer, a big interest of patients and physicians concerning the supplementation of vitamins and minerals in addition to the standard oncological therapy can be recorded. The substitution of selenium and vitamin D is especially widespread.

Therefore, we invite clinicians and basic researchers to share their research results about supplementation of vitamins and minerals with the aim of prevention of diseases in women, as well as in the field of complementary medicine in addition to standard cancer therapy.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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