

Special Issue

Sustainable Nutrition—Healthy People

Message from the Guest Editors

Global evidence strongly indicates the need for a substantial shift from current diets to healthier, more sustainable ones. The shift towards sustainable nutrition, facilitated by a digital world and economy, might halt the epidemic of several NCDs, such as obesity, cardiovascular disease, neurological and immune-related diseases, but this is yet to be extensively investigated.

This Special Issue encourages authors to submit original research articles or reviews addressing all dimensions of sustainability and healthy diets in Nutritional Sciences and Dietetics, including cross-sectoral and interdisciplinary aspects. The Issue will work in collaboration with the 1st International Conference of Nutritional Sciences and Dietetics (1st ICONSD 2022, www.iconsd.org). Abstracts submitted to the conference for oral or poster presentations will have the opportunity for evaluation; the speaker with the best presentation will be able to publish their manuscript in this Special Issue with the publication fee waived. Any other conference participants will be offered a 15% discount if they wish to submit their paper to this Special Issue.

Guest Editors

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Prof. Dr. Athanasios Papadopoulos

Deadline for manuscript submissions

closed (24 April 2023)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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