

Special Issue

Surgery and Nutrition

Message from the Guest Editor

The topic of surgery and nutrition is evolving as surgical practice evolves to embrace concepts related to enhanced recovery after surgery. In association with this evolution, novel concepts in nutritional care in surgical patients are being developed and studied, including the use of pre-operative nutrition risk screening and optimization, prehabilitation strategies in patients at risk, post-operative early feeding and mobilization, and enhanced and coordinated surgical care that mitigates complications such as ileus and nausea which may preclude oral intake for patients. In addition, the range of surgeries is broad and ranges from shorter length-of-stay surgeries, such as caesarian section (the most common surgery), to complex, potentially long-length-of-stay surgeries, such as organ transplantation in patients with poly morbidity. These considerations will impact nutrition care in individual patients. This Special Issue of *Nutrients* aims to address cutting edge advances in nutrition research and care in patients undergoing surgery.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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