

Special Issue

The Role of Perioperative Nutrition Support in Postoperative Recovery

Message from the Guest Editor

Malnutrition is closely related to disease and aging, leading to a significant increase in postoperative complications, hospital stay, and readmission rates. Therefore, rectification is essential to improve the results of surgery. Questions about supplementary nutrition are still being debated, with resolution open to considerations based on future evidence. On the other hand, nutrition in the surgical patient has gained momentum within the ERAS (enhanced recovery surgery) programs where we are “obliged” to carry out nutritional screening of all surgical patients and, consequently, treat potential malnutrition. The implementation of oral enteral nutrition is proposed, even in a normally nourished patient to enhance the results of physical exercise and to correct states of protein malnutrition or sarcopenia in patients theoretically labeled as normally nourished in nutritional screening and mass indices for normal bodies. With this Special Issue, we would like to present, to readers, the state-of-the-art in the field of perioperative nutrition support in postoperative recovery. Original research articles and reviews systematic reviews and meta-analyses are welcome.

Guest Editor

Dr. Antonio Arroyo Sebastián

Head of General and Digestive Surgery Service, Elche University General Hospital. Professor of Surgery. Deputy Director of the Department of Pathology and Surgery. UMH School of Medicine

Deadline for manuscript submissions

closed (25 November 2021)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/65594

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)