Special Issue

The Role of Dietary Cholesterol in Atherosclerosis

Message from the Guest Editor

The role of dietary cholesterol in lipid disorders and atherosclerosis is complex and not straightforward. A lot of research has been made and is currently ongoing regarding the effects of different dietary patterns and certain types of food on lipid profiles and atherosclerosis and, subsequently, cardiovascular disease (CVD). In this context, a Special Issue summarizing recent data about the relationship of dietary cholesterol with CVD risk with a special focus on specific food products (e.g., eggs, dairy where the literature is broad and inconsistent) would be very interesting and of clinical value to the readers. Our ambition in this Special Issue is to provide new insights towards the understanding of the role of dietary cholesterol in atherosclerosis and CVD. I encourage authors to submit their original research on this attractive topic. An up-to-date review article describing the association of dietary cholesterol with the risk of developing and/or aggravating CVD would very well fit as the initiating paper of this Special Issue. Any other suggestions from experts in the field are more than welcome.

Guest Editor

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Deadline for manuscript submissions

closed (30 May 2023)



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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