

Special Issue

The Role of Resveratrol on Human Health

Message from the Guest Editor

In the last decade, lifestyle changes in dietary patterns have been identified as a strategy for preventing and treating chronic diseases. In this context, polyphenols have emerged as natural compounds with wide-ranging beneficial effects against several chronic diseases. Resveratrol, a non-flavonoid polyphenol stilbene synthesized by plants, possesses anti-inflammatory, anti-tumorigenic and antioxidant properties, which point it out as a potential useful tool to prevent or treat chronic diseases. This Special Issue of *Nutrients*, entitled “The role of Resveratrol on Human Health”, welcomes the submission of manuscripts reporting both original research or reviewing the scientific literature. Articles presenting (both positive and negative) results from clinical trials testing resveratrol interventions in healthy humans or suffering different diseases are welcome. Basic reports identifying the molecular mechanisms involved in resveratrol beneficial effects against chronic diseases are also suitable.

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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