

Special Issue

Rehabilitation Nutrition in Older People

Message from the Guest Editors

The goal of this Special Issue, “Rehabilitation Nutrition in Older People”, is to focus on the importance of rehabilitation nutrition in improving nutritional status, sarcopenia, and frailty in people with disabilities and frail older people. Specifically, the aim is to clarify if rehabilitation nutrition (a combination of both rehabilitation and nutritional management) and the rehabilitation nutrition care process can improve body functions, activities, and quality of life. This Special Issue is to update knowledge on rehabilitation nutrition in older people. All types of manuscripts, including clinical research, epidemiological research, and up-to-date reviews (scoping and systematic reviews, as well as meta-analyses), are welcome.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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