

Special Issue

Nutrition Care for Rare Diseases Patients

Message from the Guest Editor

The purpose of this Special Issue is to provide a forum to discuss current nutrition care, therapies, and interventions in the management of rare diseases. Individual nutritional status may play a role in the care of individuals with rare diseases. Rare diseases can affect growth, metabolism, feeding, and gastrointestinal function. Moreover, dietary modification has been shown to potentially improve symptoms in several rare diseases.

In this Special Issue, our overall goal is to establish and advance the best practices for nutrition-focused clinical care in and research on rare diseases. By highlighting existing and emerging research focusing on the nutrition-related care and management of rare diseases, we will be able to critically evaluate current nutrition care practices, methodologies for dietary assessment and related outcomes, and the potential effectiveness of dietary therapies for various rare diseases. This will also identify gaps in the field that need to be addressed to inform better clinical trial design for nutrition interventions and dietary recommendations aimed at improving the quality of life for individuals and families affected by rare diseases.

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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