

Special Issue

Public Health Nutrition and Healthy Aging

Message from the Guest Editor

According to the United Nations, by 2050 one in six people worldwide will be aged 65 years or older. Diet and physical activity can have a substantial impact on maintaining health, independence, and quality of life as people age. Programming delivered in communities through health centers, senior centers, or social service agencies can help older adults to develop and maintain healthy eating habits and engage in physical activity. This Special Issue of *Nutrients* will feature works that describe innovative programming for older adults that can be implemented in various community settings. We seek studies that examine unique ways to improve public health and promote healthy aging. Topics of particular interest include novel intervention approaches, reducing health inequities, and implementation and dissemination. Sara C. Foltz

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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