

Special Issue

The Role of Dietary Protein in Obesity Treatment/Weight Loss Maintenance

Message from the Guest Editors

Obesity continues to be a prime threat to the health and wellbeing of nearly all nations. The resulting comorbidities, reduced life span, increased healthcare costs, and diminished mental health have made obesity treatment one of the most high-impact areas of research to date. There is growing interest in the role(s) dietary protein or specific amino acids may play in the regulation of appetite and energy intake, metabolic function and energy expenditure, skeletal muscle health, and other processes that have been linked to obesity treatment and/or weight loss maintenance. The present special issue titled “The Role of Dietary Protein in Obesity Treatment/Weight Loss Maintenance” intends to update the knowledge base and provide readers with a vast array of research seeking to elucidate the roles dietary protein plays in obesity treatment or weight loss maintenance. Both original research and reviews (systematic or meta-analysis) will be accepted and not limited to a specific population (healthy individuals, animal studies, bariatric surgery patients, etc.).

Guest Editors

Dr. Kyle D. Flack

Department of Dietetics and Human Nutrition, University of Kentucky, Lexington, KY 40508, USA

Dr. Shanon L. Caspersen

Grand Forks Human Nutrition Research Center, USDA-ARS, 2402 2nd Ave. N., Stop 9034, Grand Forks, ND 58203, USA

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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