

Special Issue

The Role of Dietary Protein in Obesity Treatment/Weight Loss Maintenance

Message from the Guest Editors

Obesity continues to be a prime threat to the health and wellbeing of nearly all nations. The resulting comorbidities, reduced life span, increased healthcare costs, and diminished mental health have made obesity treatment one of the most high-impact areas of research to date. There is growing interest in the role(s) dietary protein or specific amino acids may play in the regulation of appetite and energy intake, metabolic function and energy expenditure, skeletal muscle health, and other processes that have been linked to obesity treatment and/or weight loss maintenance. The present special issue titled “The Role of Dietary Protein in Obesity Treatment/Weight Loss Maintenance” intends to update the knowledge base and provide readers with a vast array of research seeking to elucidate the roles dietary protein plays in obesity treatment or weight loss maintenance. Both original research and reviews (systematic or meta-analysis) will be accepted and not limited to a specific population (healthy individuals, animal studies, bariatric surgery patients, etc.).

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Deadline for manuscript submissions

closed (15 August 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/116993

Nutrients
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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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