

Special Issue

Premenopausal Nutrition and Fertility

Message from the Guest Editor

This Special Issue of *Nutrients*, entitled “Premenopausal Nutrition and Fertility”, welcomes the submissions of manuscripts that either describe original research or review scientific literature. Manuscripts should focus on female nutrition and its effect on fertility.

Potential topics may include, but are not limited to:

- Female BMI and IVF success
- PCOS and fertility
- PCOS and pregnancy
- How much weight should be lost for fertility to be normalized
- Is there an ideal weight reduction program
- Obesity and pregnancy
- Fertility in the underweight female
- Elite athletes and fertility

Guest editor

Guest Editor

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Deadline for manuscript submissions

closed (30 November 2015)



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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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