

Special Issue

Precision Nutrition and Metabolic Syndrome Management

Message from the Guest Editors

Precision nutrition is an emerging concept encompassing an integrated action considering, not only the genetic/epigenetic make-up and ethnic aspects of individuals, but other personalized phenotypical features, such as family and individual clinical issues, previous diseases, and therapeutic treatments, perinatal nutrition, food likes/dislikes, allergies/intolerances, lifestyle attitudes and patterns, social and cultural circumstances or religious beliefs, etc. Therefore, the current special issue attempts to provide specific nutritional strategies to prevent or treat complications associated to metabolic syndrome features concerning diabetes, vascular events, liver diseases, dyslipemia, and cancer with a precision nutrition scope.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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