

## Special Issue

# Nutrition Managing in Pediatric Diabetes: Aspects and Challenges

### Message from the Guest Editors

Nutrition is the fundamental bottom-line for survival and good nutrition is the prerequisite for a healthy life. However, the opinion on what food choices are to prefer in pediatric diabetes has been discussed for decades. Many other factors also were of importance to avoid short-and long-term complications to the disease. The individual lifestyle regarding eating habits and physical activity as well as psychological and social wellbeing has been shown to be of utmost importance. In modern times, nutrition is discussed lively especially in social media, and proponents of different kinds of extraordinary food choices can have a great impact on the opinion of the general public. Although research methodology in nutrition is a challenge, science has to defend the position as the most reliable platform for the important issue of healthy food choices. In this special edition of *Nutrients*, we are aiming to highlight research areas in the frontline of today's understanding regarding nutrition in pediatric diabetes. The ultimate goal is preventing complications to the disease and promoting a high quality of life for children with diabetes.

### Guest Editors

Prof. Dr. Gun Forsander

1. Department of Pediatrics, Institute for Clinical Sciences, Sahlgrenska Academy, University of Gothenburg, Gothenburg, Sweden  
2. Region Västra Götaland, Sahlgrenska University Hospital, The Queen Silvia Children's Hospital, Department of Pediatrics, Gothenburg, Sweden

Dr. Andriani Vazeou

Diabetes Centre of the A' Department of Paediatrics of P&A Kyriakou Children's Hospital, Athens, Greece

### Deadline for manuscript submissions

closed (31 October 2023)



## Nutrients

an Open Access Journal  
by MDPI

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/si/76011](https://mdpi.com/si/76011)

*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



[mdpi.com/journal/  
nutrients](https://mdpi.com/journal/nutrients)



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)