

Special Issue

Nutrition Managing in Pediatric Diabetes: Aspects and Challenges

Message from the Guest Editors

Nutrition is the fundamental bottom-line for survival and good nutrition is the prerequisite for a healthy life. However, the opinion on what food choices are to prefer in pediatric diabetes has been discussed for decades. Many other factors also were of importance to avoid short- and long-term complications to the disease. The individual lifestyle regarding eating habits and physical activity as well as psychological and social wellbeing has been shown to be of utmost importance. In modern times, nutrition is discussed lively especially in social media, and proponents of different kinds of extraordinary food choices can have a great impact on the opinion of the general public. Although research methodology in nutrition is a challenge, science has to defend the position as the most reliable platform for the important issue of healthy food choices. In this special edition of *Nutrients*, we are aiming to highlight research areas in the frontline of today's understanding regarding nutrition in pediatric diabetes. The ultimate goal is preventing complications to the disease and promoting a high quality of life for children with diabetes.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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