

# Special Issue

## Omega-3 Update

### Message from the Guest Editor

Recognition of the diverse health benefits of omega-3 fatty acids and their significance for population health has been one of the most fascinating developments in nutritional science. However, before its full impact can be realised, there are still many scientific challenges to be addressed as health policy, delivery and environmental issues are resolved. At the same time, knowledge of physiological functions and health benefits continues to expand and diversify in areas of growing need, such as metabolic and mental health. The purpose of this special issue is to update progress in selected fields of omega-3 research endeavour.

*Editor-in-Chief*

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#### Guest Editor

Prof. Peter Howe

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#### Deadline for manuscript submissions

closed (28 February 2010)



## Nutrients

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### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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