

Special Issue

Older Individuals' Nutrition

Message from the Guest Editor

The purpose of this Special Issue “Older Individuals Nutrition” is to:

- Address the sensory changes that occur with ageing which impact on nutrition
- To describe the conditions that result in a reduction in oral intake due to difficulty swallowing
- The edition will also deal with the role of nutrition in improving cognition and bone health. Finally, the issue will deal with both sensory changes to improve oral intake including the role of Umami and food fortification as well as advice on the practical delivery of good nutrition to frail older individuals
- To understand the epidemiology of nutrition in older individuals

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Deadline for manuscript submissions

closed (31 December 2018)



Nutrients

an Open Access Journal
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Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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