

Special Issue

Obesity in Childhood and Adolescence—Whose Responsibility?

Message from the Guest Editor

No one doubts the economic costs of obesity, but there is disagreement around whether fatness is considered a disease or a behavioral risk factor similar to smoking, alcohol, and substance abuse that may lead to a disease. Although recent competencies for medical training do recommend chronic disease models and personalized obesity management care plans, there is no mention of individual or family responsibility. Here, it is clear that nutrition in pregnancy, early life experiences, parental involvement, and public health education are all significant. This Special Issue will cover the multidisciplinary approach to the prevention and management of childhood obesity. Among the topics to be addressed are: Optimal nutrition during pregnancy
Role of infant diet and the microbiome
Education of parents on how best to feed their children
Lifestyle education programs in kindergartens and schools

The potential genetics of obesity

The role of exercise in preventing obesity

Obesity treatment and the development of eating disorders

The role of the social media in dealing with obesity and body shaming

Guest Editor

Prof. Dr. Elliot M. Berry

Braun School of Public Health, Hebrew University-Hadassah Medical School, Jerusalem 9112001, Israel

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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