

Special Issue

Obesity in Childhood and Adolescence—Whose Responsibility?

Message from the Guest Editor

No one doubts the economic costs of obesity, but there is disagreement around whether fatness is considered a disease or a behavioral risk factor similar to smoking, alcohol, and substance abuse that may lead to a disease. Although recent competencies for medical training do recommend chronic disease models and personalized obesity management care plans, there is no mention of individual or family responsibility. Here, it is clear that nutrition in pregnancy, early life experiences, parental involvement, and public health education are all significant. This Special Issue will cover the multidisciplinary approach to the prevention and management of childhood obesity. Among the topics to be addressed are: Optimal nutrition during pregnancy
Role of infant diet and the microbiome
Education of parents on how best to feed their children
Lifestyle education programs in kindergartens and schools
The potential genetics of obesity
The role of exercise in preventing obesity
Obesity treatment and the development of eating disorders
The role of the social media in dealing with obesity and body shaming

Guest Editor

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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