

Special Issue

Nutrition in Public Health: Principles, Policies, and Practice

Message from the Guest Editor

This Special Issue will examine the role of nutrition in public health. Nutrition plays a critical role in public health efforts to prevent ill health and promote well-being. Public health approaches are broad: they can encompass initiatives on the national (including policy development), community, and individual levels and can be targeted across the life-course. These approaches aim to support healthier nutrition-related choices made by individuals, families, and populations. However, multiple and complex factors influence these behaviours, and it is vital that public health initiatives take into account the broad social determinants of health and that they strive to address health inequalities. The aim of this Special Issue is to publish selected papers addressing important nutritional issues. These could be studies examining drivers of nutrition-related behaviour, reports of interventions/initiatives aiming to improve nutritional behaviours, or studies aiming to develop or describe measures or models for understanding nutritional behaviours.

Guest Editor

Dr. Helen Croker

Great Ormond Street Institute of Child Health, University College London, London, United Kingdom

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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