

Special Issue

Nutrition for Non-Alcoholic Fatty Liver Disease

Message from the Guest Editors

Non-alcoholic fatty liver disease (NAFLD) is becoming the major cause of liver-related morbidity. The pathogenesis is multifactorial, involving a combination of genetic, clinical, and environmental factors. The management of NAFLD is mainly focused on weight loss, but the optimal characteristics of the diet demand further investigation. The aim of this Special Issue, “Nutrition and Non-Alcoholic Fatty Liver Disease”, is to provide a literature compilation evaluating the evidence behind dietary strategies and components, including energy intake; fat, protein, and carbohydrate quantity and quality; and antioxidants and bioactive molecules, which could be a trigger to development and progression of the NAFLD and related comorbidities, such as obesity and insulin resistance, among others. Original research, systematic reviews, and meta-analyses should have a clear focus linking nutrition and NAFLD prevention, progression, treatment, and/or reversion.

Prof. María J. Moreno-Aliaga

Guest Editors

Prof. Dr. M. Angeles Zulet

Department of Nutrition, Food Sciences and Physiology, Centre for Nutrition Research, Faculty of Pharmacy and Nutrition, University of Navarra, 31008 Pamplona, Spain

Centro de Investigación Biomédica en Red de la Fisiopatología de la Obesidad y Nutrición (CIBERObn), Instituto de Salud Carlos III, 28029 Madrid, Spain

Navarra Institute for Health Research (IdiSNA), 31008 Pamplona, Spain

Dr. María U. Moreno Zulategui

1. Program of Cardiovascular Diseases, Centre for Applied Medical Research, University of Navarra, Pamplona, Spain

2. Department of Biochemistry and Genetics, University of Navarra, Pamplona, Spain

3. Navarra Institute for Health Research (IdiSNA), 31008 Pamplona, Spain

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Editorial Office

MDPI, Grosspeteranlage 5

4052 Basel, Switzerland

Tel: +41 61 683 77 34

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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