

Special Issue

Nutrition, Physical Activity and Other Lifestyle Factors in Neurological Disorders

Message from the Guest Editors

The aim of this Special Issue is to update knowledge on non-pharmacological factors involved in the prevention and treatment of neurological disorders including diet, physical activity, mental fitness, sleep quality, and social interaction.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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