

Special Issue

Nutritional Management and Outcomes in Anorexia Nervosa

Message from the Guest Editors

Anorexia Nervosa (AN) is a serious eating disorder that affects 1–2.2% of young women. Its mortality rate is high, ranging between 6 and 16 times higher than the general population. Somatic complications are the first mortality causes, before suicide, and these can be the consequences of either undernourishment, pathological behaviors such as vomiting, potomania, problematic physical activity, or adverse effects of refeeding. To avoid these complications, nutrition should be monitored precisely, from being in a life-threatening condition in intensive care to long-term follow up even after weight restoration. The aim of this Special Issue is to provide an overview of the latest advances in the pathophysiology of AN and its complications and treatment pathways, as well as early renutrition, in order to avoid refeeding syndrome while allowing a fast weight recovery, restoring nutritional status, treating pathological nutritional behaviour, and preventing relapses.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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