

## Special Issue

# Effect of a Nutritional Intervention on the Intestinal Microbiota

### Message from the Guest Editor

The gut microbiota is considered as a new probable factor strongly connected with pathogenesis of many disease. Commensal microbiota plays a crucial role in the regulation of intestinal immune homeostasis. The proper diet modification (i.e., FODMAP introduction) or probiotic supplementation is the key challenge in civilization's diseases as may reduce the clinical symptoms of the diseases, abdominal discomfort or influence the treatment outcome. The side effects related to chemotherapy or radiotherapy influence directly on the digestive system. Therefore, it is necessary to highlight the need to search for methods to improve the patients' quality of life. Dr. hab. med. Marta Stelmach-Mardas

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### Guest Editor

Prof. Dr. Marta Stelmach-Mardas

Department of Obesity Treatment, Metabolic Disorders and Clinical Dietetics, Poznan University of Medical Sciences, 60-569 Poznan, Poland

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## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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