

## Special Issue

# Nutrition and Endocrine Disorders

### Message from the Guest Editors

The endocrine system, by virtue of the hormonal control exerted on metabolic processes, regulates the requirements for various nutrients. Despite the consumption of an adequate diet, nutritional disturbances might occur in patients with endocrine diseases. Nutritional alterations affect every aspect of the functioning of the endocrine system, leading to serious disorders. The past century was marked by the classic deficiency disorders, such as iodine-deficiency-related goiter and hypothyroidism, and rickets. On the other hand, unhealthy food options led to the epidemic of different nutritional endocrine disorders, such as obesity, metabolic syndrome, and diabetes mellitus type 2. Finally, the endocrine disruptors have a variety of implications ranging from obesity to pubertal disorders. This Special Issue aims to host original articles, systematic reviews, or meta-analyses that will advance current knowledge and understanding regarding the role of nutrition on the development of endocrine disorders from childhood to adulthood.

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### Guest Editors

Prof. Dr. Evangelia Charmandari

Prof. Dr. George Mastorakos

Dr. Odysseas Androutsos

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### Deadline for manuscript submissions

closed (15 December 2022)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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