

Special Issue

Nutrition and Diet in Immunomodulation

Message from the Guest Editors

The role of nutrition and diet in regulating the immune system and modulating chronic inflammatory responses has gained increasing interest in recent years. The COVID-19 pandemic has further highlighted the importance of optimizing nutrition, in order to support the immune response against pathogens. Both insufficient and excessive intake of certain nutrients have been demonstrated to lead to the function of the immune system becoming impaired, and a number of diet-related anti- and pro-inflammatory components have been proposed to be involved in this process. Despite the flourishing research in this field of nutrition and immunomodulation, many questions remain unanswered. Therefore, for this Special Issue, we invite both evidence-based research and review papers that address this topic, to aid our understanding of the role and impact of nutrition in immunomodulation and disease etiology, management and prevention.

Guest Editors

Prof. Dr. Krasimira Aleksandrova

1. Leibniz Institute for Prevention Research and Epidemiology – BIPS, Bremen, Germany
2. Faculty of Human and Health Sciences, University of Bremen, Bremen, Germany

Dr. Jessica Singh

1. Department of Dietetics, Nutrition and Sport, La Trobe University, Melbourne, Australia
2. Department of Clinical Research and Trials, Grampians Health, Australia

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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