

## Special Issue

# Nutrition, Energy Expenditure and Body Composition in Association with Physical Activity or Physical Performance

### Message from the Guest Editor

The interaction between physical activity and nutrition has attracted increasing attention in the clinical setting, such as preventing obesity, sarcopenia, and other diseases, and all-cause mortality and sport nutrition. Physical performance is a major determinant of health as well. This Special Issue calls for high-quality research articles and reviews which address nutrition, energy expenditure, and body composition studies in association with physical activity or physical performance. Any studies that address the interaction between nutrition and physical activity or performance are welcomed in this issue.

### Guest Editor

Dr. Yosuke Yamada

Department of Physical Activity Research, National Institutes of Biomedical Innovation, Health and Nutrition, Shinjuku, Tokyo 162-8636, Japan

### Deadline for manuscript submissions

closed (20 August 2021)



## Nutrients

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*Nutrients*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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