

Special Issue

Nutrition, Energy Expenditure and Body Composition in Association with Physical Activity or Physical Performance

Message from the Guest Editor

The interaction between physical activity and nutrition has attracted increasing attention in the clinical setting, such as preventing obesity, sarcopenia, and other diseases, and all-cause mortality and sport nutrition. Physical performance is a major determinant of health as well. This Special Issue calls for high-quality research articles and reviews which address nutrition, energy expenditure, and body composition studies in association with physical activity or physical performance. Any studies that address the interaction between nutrition and physical activity or performance are welcomed in this issue.

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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