

## Special Issue

# Innovative Food and Nutrition Approaches to Promote Healthy Lifestyles and Reduce Disparities

### Message from the Guest Editors

Health behaviours are influenced by complex interactions between interpersonal, social, and environmental factors. For certain population groups who have unequal access to opportunities to learn about nutrition or adopt healthier lifestyles, which has led to concerning disparities in preventable diet-related disease outcomes. There has been a recent increase in the use of innovative solutions that create or leverage digital technologies, use systems science, and utilize big data analytics, among others. These types of disruptive innovations are creating new opportunities and value networks for promoting health, and may be necessary to ensure equal opportunity to a healthy lifestyle in the future.

If your research has conducted feasibility or impact testing of innovative approaches to promote healthy lifestyles and dietary habits, including among understudied populations experiencing health disparities, please consider including your work in this special *Nutrients* supplement: Innovative Food and Nutrition Approaches to Promote Healthy Lifestyles and Reduce Disparities.

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### Deadline for manuscript submissions

closed (15 October 2021)



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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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