

Special Issue

Innovative Food and Nutrition Approaches to Promote Healthy Lifestyles and Reduce Disparities

Message from the Guest Editors

Health behaviours are influenced by complex interactions between interpersonal, social, and environmental factors. For certain population groups who have unequal access to opportunities to learn about nutrition or adopt healthier lifestyles, which has led to concerning disparities in preventable diet-related disease outcomes. There has been a recent increase in the use of innovative solutions that create or leverage digital technologies, use systems science, and utilize big data analytics, among others. These types of disruptive innovations are creating new opportunities and value networks for promoting health, and may be necessary to ensure equal opportunity to a healthy lifestyle in the future.

If your research has conducted feasibility or impact testing of innovative approaches to promote healthy lifestyles and dietary habits, including among understudied populations experiencing health disparities, please consider including your work in this special *Nutrients* supplement: *Innovative Food and Nutrition Approaches to Promote Healthy Lifestyles and Reduce Disparities*.

Guest Editors

Prof. Dr. Jared T. McGuirt

Department of Nutrition, University of North Carolina at Greensboro, Greensboro, NC 27412, USA

Prof. Dr. Gina Tripicchio

Center for Obesity Research and Education, Temple University, Philadelphia, PA 19140, USA

Deadline for manuscript submissions

closed (15 October 2021)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/69129

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)