

Special Issue

Age-Related Macular Degeneration: Advances in Diet and Nutrition Management

Message from the Guest Editors

Age-related eye diseases are a major global health issue, since more than 20% of the elderly (>80 years old) are diagnosed with AMD. The role of nutrition in ocular aging is attracting growing interest, with hypotheses focusing on the joint effect of antioxidants and lipids. Epidemiological studies have identified several foods and nutrients of interest as well as dietary patterns related to AMD, but many nutritional exposures remain unexplored. Over the past 15 years, we have accumulated a lot of knowledge about the beneficial effects of a healthy diet for AMD prevention. The next step is to evaluate this knowledge and disseminate it to the general population, patients, and practitioners (doctors, pharmacists, nutritionists). The management of nutritional aspects in the prevention of AMD has been improved. You are invited to submit proposals for manuscripts that fit the objectives and the topics of this Special Issue

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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