Special Issue

Nutrition and Liver Disease

Message from the Guest Editor

The liver is the chief metabolic visceral organ that performs a vast range of different functions that including: metabolism of lipids, carbohydrates, and vitamins. In humans, diseases of the liver are a global public health issue and burden and non-alcoholic fatty liver disease (NAFLD), is one of the most prevalent liver diseases in developed countries. NAFLD represents a spectrum of conditions ranging from simple fatty liver (hepatic steatosis) through to severe liver disease such as cirrhosis and potentially hepatocellular carcinoma (HCC). Dietary patterns, for example overconsumption of dietary fat and carbohydrate, along with specific dietary components have all been implicated in the initiation and progression of liver disease.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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