# **Special Issue**

## Nutrigenetics and Nutrigenomics from Research to Practice

## Message from the Guest Editors

The goal of this Special Issue, "Nutrigenetics and Nutrigenomics from Research to Practice. An upload", is to focus on the application of nutrigenomics as part of personalized nutrition recommendations, based on the knowledge of an individual's genetic profile to evaluate changes in dietary behaviour and body composition. This new information will provide health care professionals with widespread, clear and updated evidence to provide a valuable overview of nutrigenetics and nutrigenomics, which helps to translate research into practice.

#### **Guest Editors**

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### Deadline for manuscript submissions

closed (18 October 2023)



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## **About the Journal**

### Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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