

Special Issue

Reducing Dietary Sodium and Improving Human Health

Message from the Guest Editor

This Special Issue of *Nutrients*, entitled “Reducing Dietary Sodium and Improving Human Health”, welcomes the submission of manuscripts related to salt reduction. Manuscripts should focus on population interventions for reducing dietary sodium and we are particularly interested in innovative approaches to changing the food environment and/or consumer behaviour. Manuscripts that discuss theoretical models informing the design of interventions for reducing dietary sodium are also welcome, as are studies from low or lower middle income countries. Potential topics may include:

- Development/evaluation of regional or national strategies to reduce population salt intake
- Methodological issues related to measuring salt consumption patterns
- Use of policy or legislative approaches to reduce salt consumption
- Design and/or assessment of impact of behavioural change programs
- Modelling of the impact of interventions on salt intake and health outcomes

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Guest Editor

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Deadline for manuscript submissions

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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