

Special Issue

Optimising Nutrition and Dietetic Care in the Prevention and Management of Cardiovascular Disease

Message from the Guest Editors

Patients with cardiovascular disease are a nutritionally vulnerable group, and there is an opportunity for strategies that optimise dietetic care to improve clinical outcomes across all stages of the disease process, and to potentially prevent disease onset amongst those at risk. Current areas of interest within this patient cohort include, but are not limited to: novel methods of nutritional assessment, the management of nutritional state in the peri-operative period, dietetic strategies to prevent disease progression/onset, personalised nutrition, gene–diet interactions, dietary requirements and dietary patterns, as well as patient and physician education. We welcome original research and up-to-date reviews that address the above themes or other relevant areas of interest.

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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