

Special Issue

Nutraceuticals and Human Health

Message from the Guest Editor

In the Special Issue, we would like to collect papers on the health-promoting effect of nutraceuticals, taking into account both healthy people and patients affected by different pathologies. The administration of nutraceuticals is diffused to treat diseases, to contrast aging and stress, and to serve as dietary supplements for athletes.

Several studies on compositions, formulations, and nutraceutical delivery have been conducted so far, with inconsistent outcomes. In recent years, the health claims of nutraceuticals were not approved by FDA and EFSA agencies. Further research is required to analyze more in depth the mechanism of action of molecules to be used as nutraceuticals.

We welcome different types of submissions, including original research articles and up-to-date reviews. The topics may include but not be limited to the study of molecules extracted from plants used to treat different types of pathologies as inflammatory diseases, bone diseases, cancer, cardiovascular disease, obesity and weight control, diabetes, immunometabolism, hyperlipidemic diseases, skin diseases, and quality of life.

Guest Editor

Dr. Anna Scotto D'Abusco

Department of Biochemical Sciences "Alessandro Rossi Fanelli",
"Sapienza" University of Rome, Piazzale Aldo Moro, 5, 00185 Rome,
Italy

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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