

Special Issue

Challenges of Milk, Egg and Food Allergy in Early Age

Message from the Guest Editors

Food allergy (FA) is a significant health issue that affects up to 6–8% of children worldwide. It presents as a heterogeneous clinical spectrum, ranging from mild reactions to severe anaphylaxis, and is often burdened by a significant reduction in the quality of life of both children and their parents. In recent years, the dietary management of allergic diseases has shifted from a passive approach, consisting of an elimination diet to relieve symptoms, to a “proactive” approach, introducing the possibility of also actively modulating the immune system by dietary interventions. The objective of this proposed Special Issue on “Challenges of Milk, Egg and Food Allergy in Early Age Health” is to publish an overview of the current body of evidence on the latest nutritional epidemiological, pathogenetic, and diagnostic findings on food allergies, and the role of nutrition in this disease, particularly in early age children.

Guest Editors

Prof. Dr. Antonella Muraro
Prof. Dr. Giovanni Battista Pajno
Dr. Cesar Martin Bozzola

Deadline for manuscript submissions

closed (20 May 2023)



Nutrients

an Open Access Journal
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Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/114306

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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