

Special Issue

Eating Disorders, Diet-Related Diseases, and Metabolic Health

Message from the Guest Editors

The spectrum of diet related diseases is broad and includes all ages. Eating disorders and other diet related diseases including obesity are often considered separately due to the classification of eating disorders as a mental disorder. However, regardless of their origin and their classification, they all have substantial impact on metabolic health. While all diet related diseases are associated with aspects of psychological health, it is the purpose of this special issue to emphasize the impact on human metabolic health. This includes, but is not limited to, endocrinological aspects, inflammatory pathways, hunger and satiety regulation, aspects of energy expenditure but also eating disorder related interventions and their ramifications for metabolic health.

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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