

## Special Issue

# Assessing the Mediterranean Diet in Public Health: Scoring Systems, Effects on Chronic Disease and Interventions

### Message from the Guest Editors

This Special Issue welcomes the submission of manuscripts describing either original research or reviewing the scientific literature. Manuscripts should focus on different alternatives to measure adherence to the Mediterranean Diet (MedDiet). How this adherence is scored using different indexes and also the association of these scores with the risk of chronic disease. Potential topics may include, but are not limited to:

- Indexes used to score the adherence to a MedDiet-style pattern, strengths, limitations and comparability of the different scores
- Association between MedDiet indexes and the risk of cardiovascular disease, cancer and other chronic diseases.
- Evaluation of MedDiet-based interventions for the prevention of chronic diseases.
- MedDiet indexes and their relationship with indexes developed to assess other a priori healthy dietary patterns.

### Guest Editors

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### Deadline for manuscript submissions

closed (30 November 2017)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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