

Special Issue

Nutrition, Lipids and Cardiovascular Diseases

Message from the Guest Editor

Circulating lipids, such as LDL-cholesterol, are a key modifiable risk factor for cardiovascular diseases. Dietary intervention has strong historic links with lipid lowering, and remains the frontline strategy, but the efficacy and success of modern cholesterol-lowering medications have largely over-shadowed the role of diet and nutrition. This Special Issue of *Nutrients* will bring together broad aspects relating to Nutrition, Lipids and Cardiovascular Diseases. Of particular interest will be articles that provide mechanistic evidence linking diet and nutrition with clinical cardiovascular outcomes and cardiovascular risk factors, articles that have applied a life course approach, and articles that explore the role of the modern diet environment (including food processing, dietary patterns and novel foods) with lipids and cardiovascular diseases.

Guest Editor

Prof. Dr. Michael Skilton

Faculty of Medicine and Health, The University of Sydney, Sydney, Australia

Deadline for manuscript submissions

closed (20 January 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/101035

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)