Special Issue

The Role of Diet and Nutrition in the Management of Stone Disease

Message from the Guest Editor

The landscape of surgical management of kidney stone disease (KSD) has changed over the last 2 decades, yet comparatively little is known or practiced when it comes to medical management and primary disease prevention. While dietary recommendations are laid out in the guidelines, they are mostly generic and do not always take individual patient circumstances into account. There has been a rise in the incidence of KSD due to warm weather, increased diagnostic testing leading to incidental stones, and changes in diet and lifestyle. The latter can be addressed by primary prevention, metabolic screening, and targeted medical management. In this issue, we look at the role of diet and nutrition in the management of stone disease.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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