

Special Issue

Iodine Deficiency In At-Risk Groups: Current Status and Elimination Strategies

Message from the Guest Editor

Addressing iodine deficiency (ID) in at-risk groups is complex. Fortification programs and supplementation recommendations need to target those at risk, and must consider the impacts of excessive iodine intake.

Education of those at risk is required, and monitoring needs to be ongoing. This Special Issue of *Nutrients* welcomes the submission of original research, reviews, and meta-analyses reporting on iodine nutrition in at-risk groups. Topics include, but are not limited to: ID in at-risk groups; Strategies to eliminate ID: population prophylaxis, USI, fortification, supplementation; Maternal ID during gestation and lactation: consequences for offspring; Pre-conception ID; Iodine-restricting diets; ID in older adults; Iodine knowledge in at-risk groups; Public health and education interventions; Iodine nutrition policy; Animal models of iodine-restricting diets and Excess iodine concerns.

Guest Editor

Dr. Kristen Hynes

Menzies Institute for Medical Research, University of Tasmania, Hobart
TAS 7000, Australia

Deadline for manuscript submissions

closed (31 October 2021)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/46235

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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