

Special Issue

Iodine Deficiency In At-Risk Groups: Current Status and Elimination Strategies

Message from the Guest Editor

Addressing iodine deficiency (ID) in at-risk groups is complex. Fortification programs and supplementation recommendations need to target those at risk, and must consider the impacts of excessive iodine intake.

Education of those at risk is required, and monitoring needs to be ongoing. This Special Issue of *Nutrients* welcomes the submission of original research, reviews, and meta-analyses reporting on iodine nutrition in at-risk groups. Topics include, but are not limited to: ID in at-risk groups; Strategies to eliminate ID: population prophylaxis, USI, fortification, supplementation; Maternal ID during gestation and lactation: consequences for offspring; Pre-conception ID; Iodine-restricting diets; ID in older adults; Iodine knowledge in at-risk groups; Public health and education interventions; Iodine nutrition policy; Animal models of iodine-restricting diets and Excess iodine concerns.

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Deadline for manuscript submissions

closed (31 October 2021)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/46235

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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