

Special Issue

Nutrients as Efficient Immunosuppressants in Patients with Autoimmune Diseases

Message from the Guest Editors

More than 80 autoimmune diseases currently exist, and present treatments such as steroids, disease modifying agents or biologic therapies are accompanied by unwanted complications such as severe infections. Herbal remedies, diet supplements and natural products having anti-inflammatory, anti-oxidant and mainly immunosuppressant properties are eagerly wanted to complement or even to substitute conventional treatments. We invite you to participate via submission of articles in the on-going dialogue on the role of diet factors as efficient immunosuppressants and immunoregulators. We anticipate that this special issue will provide a second-to-none opportunity to raise emerging issues concerning the role played by what we eat, what we must/can incorporate in our routine diet habits and what we must avoid in order to tackle the increasing threat of autoimmune diseases, to prevent them if possible or to at least control them. Dr. Bogdanos Dimitrios

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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