

Special Issue

The Link between Diet, Gut Microbes and Health

Message from the Guest Editor

In this Special Issue in *Nutrients*, we will be highlighting the intersection between diet, the gut microbiota, and human health. Recent evidence indicates that the gut microbiota may be critical for overall good health, including cardiometabolic outcomes, such as obesity, type two diabetes mellitus, and insulin resistance, as well as neurodegenerative diseases, such as painful peripheral neuropathy and Parkinson's and Alzheimer's diseases. While the composition of the gut microbiome is influenced by a multitude of environmental influences, the overall quality of the host's habitual diet remains one of the primary determinants. The aim of this Special Issue is to explore the intersection between diet quality, including macro- and micronutrient intake, supplements (pre- and probiotics), and the gut microbiota and overall human health. We welcome different types of manuscript submissions, including original research articles and up-to-date reviews (systematic reviews and meta-analyses).

Guest Editor

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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