

Special Issue

The Link between Diet, Gut Microbes and Health

Message from the Guest Editor

In this Special Issue in *Nutrients*, we will be highlighting the intersection between diet, the gut microbiota, and human health. Recent evidence indicates that the gut microbiota may be critical for overall good health, including cardiometabolic outcomes, such as obesity, type two diabetes mellitus, and insulin resistance, as well as neurodegenerative diseases, such as painful peripheral neuropathy and Parkinson's and Alzheimer's diseases. While the composition of the gut microbiome is influenced by a multitude of environmental influences, the overall quality of the host's habitual diet remains one of the primary determinants. The aim of this Special Issue is to explore the intersection between diet quality, including macro- and micronutrient intake, supplements (pre- and probiotics), and the gut microbiota and overall human health. We welcome different types of manuscript submissions, including original research articles and up-to-date reviews (systematic reviews and meta-analyses).

Guest Editor

Dr. Lara R. Dugas

Public Health Sciences, Parkinson School of Health Sciences and Public Health, Loyola University Chicago, 2160 South First Avenue, Maywood, IL 60153, USA

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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