

Special Issue

Gluten-Free Diet and Gastrointestinal Diseases

Message from the Guest Editor

A gluten-free diet is, to date, the only available therapeutic option for patients with so-called “gluten-related disorders”, a broad spectrum of chronic conditions, including both gastrointestinal and extraintestinal diseases, such as celiac disease, wheat allergy, and non-celiac gluten/wheat sensitivity. However, a gluten-free diet has also become an increasingly popular choice among healthy subjects, inspired by mass media and celebrities. Recently, a potential role for a gluten-free diet in other gastrointestinal conditions that are not strictly related to gluten ingestion has been suggested, such as inflammatory bowel diseases or irritable bowel syndrome. This Special Issue will collect novel and updated studies focusing on the effect of a gluten-free diet in different gastrointestinal diseases including not only celiac disease and non-celiac gluten/wheat sensitivity but also inflammatory bowel diseases and irritable bowel syndrome, to identify new potential applications and to elucidate some debatable aspects.

Guest Editor

Dr. Francesca Ferretti

ASST Fatebenefratelli-Sacco, Milan, Gastroenterology Unit.
Department of Biochemical and Clinical Sciences, University of Milan,
Milan, Italy

Deadline for manuscript submissions

closed (31 December 2021)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/60399

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)





Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



[mdpi.com/journal/
nutrients](https://mdpi.com/journal/nutrients)



About the Journal

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)