

Special Issue

Gluten-Free Diet

Message from the Guest Editor

In the last few years, an increasing number of subjects have started a gluten free diet (GFD). Part of them is composed by patients affected by celiac disease (CD), who have to follow a strict GFD for medical purposes. However, a high number of subjects are, nowadays, following a GFD without medical counseling and without a specific diagnosis needing a gluten withdrawal from the diet. This is due to the frequently incorrect information diffused on the Internet and mass media on the topic of GFD. For these reasons, the research on the GFD and its clinical use and biological effects is extremely needed.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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