

Special Issue

The Role of Functional Foods and Ingredients in Mental Disorders and Brain Disease

Message from the Guest Editors

This Special Issue, "The Role of Functional Food and Food Ingredients in Mental Disorders and Brain Disease", is being published in the internationally leading journal *Nutrients*.

Guest Editors

Prof. Dr. Dominik Szwajgier

Department of Biotechnology, Microbiology and Human Nutrition,
University of Life Sciences in Lublin, Skromna 8, 20-704 Lublin, Poland

Prof. Dr. Ewa Baranowska-Wójcik

Department of Biotechnology, Microbiology and Human Nutrition,
University of Life Sciences in Lublin, Skromna 8, 20-704 Lublin, Poland

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Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

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1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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