

Special Issue

Sustainable Food Systems for Nutrition in Low Resource Settings

Message from the Guest Editor

In order to meet global food security and nutrition targets, a transformation of the global food system is imperative. Nutritious and diverse diets have become unaffordable. An increasing number of individuals are now facing a triple burden of malnutrition (undernutrition, overweight/obesity, micronutrient deficiencies). To tackle these complex issues and ensure nutritious diets for all, innovative solutions developed with a nutrition lens are needed to create sustainable food systems. Agroecology may make promising contributions to food systems' sustainability. Comprehensive programs and policies addressing both the supply and demand side of food systems represent a vital entry point for nutrition. Small and medium enterprises need to be included and incentivized, governments to be empowered, whilst consumer insights need to be understood and integrated at every step. Finally, a critical appraisal of nutrition and environmental metrics is of utmost importance to better define and measure food systems' sustainability and impacts on nutrition in the short and long term.

Guest Editor

Dr. Klaus Kraemer

1. Sight and Life Foundation, 4002 Basel, Switzerland
2. Johns Hopkins Bloomberg School of Public Health, Department of International Health, Baltimore, MD 21205, USA

Deadline for manuscript submissions

closed (21 January 2022)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/80916

Nutrients
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutrients@mdpi.com

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (UIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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