

Special Issue

Diet Quality, Food Environment and Diet Diversity

Message from the Guest Editor

Food insecurity in Western societies has been linked to poor diet quality, resulting from limited access due to several issues including affordability, transportation, marketing, and easy access to unhealthy foods. These poor food environments have resulted in exacerbation of the obesity epidemic and a significantly greater risk of chronic disease for low-income populations in these communities. Various efforts at the local level, from policy changes to nutrition education and collaboration with local food organizations to improve access, have been implemented to address these concerns. This Special Issue will highlight recent innovative research in this area, with implications for best practices and recommendations for future work.

Guest Editor

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Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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