

# Special Issue

## Diet Quality, Food Environment and Diet Diversity

### Message from the Guest Editor

Food insecurity in Western societies has been linked to poor diet quality, resulting from limited access due to several issues including affordability, transportation, marketing, and easy access to unhealthy foods. These poor food environments have resulted in exacerbation of the obesity epidemic and a significantly greater risk of chronic disease for low-income populations in these communities. Various efforts at the local level, from policy changes to nutrition education and collaboration with local food organizations to improve access, have been implemented to address these concerns. This Special Issue will highlight recent innovative research in this area, with implications for best practices and recommendations for future work.

---

### Guest Editor

Dr. Michael J. Puglisi

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Deadline for manuscript submissions

closed (15 January 2023)



## Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.0

CiteScore 9.1

Indexed in PubMed



[mdpi.com/si/56483](https://www.mdpi.com/si/56483)

*Nutrients*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
nutrients@mdpi.com

[mdpi.com/journal/  
nutrients](https://www.mdpi.com/journal/nutrients)





# Nutrients

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed

---



[mdpi.com/journal/  
nutrients](http://mdpi.com/journal/nutrients)

---



## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

---

### Editors-in-Chief

Prof. Dr. Lluis Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

#### Journal Rank:

JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)