

Special Issue

The Impact of Fermented Food Consumption on Acute or Chronic Diseases

Message from the Guest Editor

In recent years, one of the most enchanting topics in the field of nutrition science has been gut microbiota. Fermented milk, pro-, pre-, and syn-biotics have been used in clinical settings as powerful tools that influence and improve the environment. In addition to their impact on gut diseases, these nutritional products may have immunomodulatory effects and even prevent cancer. However, because there are so many bacterial species and associated products, we still do not know how we should use them and what we can expect by administering them. In this Special Issue, we focus on their effects on acute and chronic diseases. Are these products always effective in various conditions? Are the glorious stories real or just myths?

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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