

Special Issue

Education Protocol in the Treatment of Malnutrition

Message from the Guest Editor

Malnutrition, in all its forms, includes undernutrition (wasting, stunting, underweight), inadequate vitamins or minerals, overweight, obesity, and resulting diet-related non communicable diseases. These mostly occur in low- and middle-income countries. At the same time, in these same countries, rates of childhood overweight and obesity are rising.

The developmental, economic, social, and medical impacts of the global burden of malnutrition are serious and lasting for individuals and their families, for communities, and for countries. Nutrition education has potential benefits in improving dietary habits. However, the best and most effective protocols are still unclear. Under different circumstances, different approaches may be required since nutritional status, knowledge, and skills vary between people, cultures, countries, and regions.

We would like to collect a wide range of articles aimed at establishing the basis of a proper education protocol and discussing appropriate education theories, methods, and timing for the implementation of these protocols. Submissions of original articles, systematic reviews, meta-analyses, and commentaries are welcome.

Guest Editor

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Deadline for manuscript submissions

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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