

Special Issue

Dietary Patterns, Physical Activity, and Lifestyle in the Onset, Prevention, and Management of Noncommunicable Diseases

Message from the Guest Editors

Noncommunicable diseases are a significant burden on global health systems. Noncommunicable diseases account for the majority of the deaths worldwide; however, COVID-19 is now also a leading cause of death worldwide. Decades of research show that dietary and lifestyle factors can contribute to the onset and progression of many noncommunicable diseases. This Special Issue is particularly focused on receiving submissions of research that investigate detrimental dietary patterns, such as the “Western diet” and its major components (added sugar, highly processed food, meat, etc.), or lifestyle factors including air pollution/smoke exposure and low physical activity that contribute to the onset or worsening of chronic noncommunicable diseases and COVID-19. Equally, research that considers approaches that alter diet or lifestyle, which in turn modify pre-existing risk factors to reduce the risk of noncommunicable diseases and COVID-19 are also welcome. Submissions of research involving animal studies, human trials, epidemiological research or metabolomics are encouraged.

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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