

## Special Issue

# Dietary Fibers and Human Health

### Message from the Guest Editor

Dietary fiber has long been recognized for its role in digestive function. However, currently there is scientific debate about definitions (descriptive and analytical), optimal intake, and essentiality in the human diet. Dietary fiber is a key substrate for bacterial metabolism in the colon, which makes research on dietary fiber an important issue that complements current interest in the gut microbiota. Dietary fiber is also important for prevention and management of cardiovascular disease, diabetes, obesity, and other chronic diseases. This Special Issue will highlight recent research on dietary fiber content in foods and function in human health, ranging from digestive function to chronic disease prevention and management.

Clinical

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### Guest Editor

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### Deadline for manuscript submissions

closed (15 December 2016)



## Nutrients

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Impact Factor 5.0  
CiteScore 9.1  
Indexed in PubMed



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*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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