

Special Issue

Dietary Assessment and Self-Monitoring Using Technology

Message from the Guest Editor

Data of dietary behaviors and food consumption are the key of research on nutrition and food science. Such data collected in traditional way using papers and pens are time- and labor-consuming. **The development of digital technology may benefit the way of data collection in dietary survey and assessment.** More importantly, digital technology may united these two steps (survey and assessment) together to increase the willingness of participating in surveys. Also digital technology using self-monitory methods may produce big data to benefit the research on the associations between diets and human health. If you have conducted interesting work on dietary survey and/or assessment using self-monitoring technology, we encourage you to share your data and experience in this special issue: Dietary Survey and Assessment Using Digital-Monitoring Technology.

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Deadline for manuscript submissions

closed (25 October 2023)



Nutrients

an Open Access Journal
by MDPI

Impact Factor 5.0
CiteScore 9.1
Indexed in PubMed



mdpi.com/si/98716

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Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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