

## Special Issue

# Dietary Approaches in Care and Prevention Gout and Associated Diseases

### Message from the Guest Editors

Gout is a form of inflammatory joint disease that affects many people. It is characterized by hyperuricemia, which has long been linked to purine metabolism or renal excretion of uric acid. The first aim of this Special Issue is to update knowledge on the relationship between diet and hyperuricemia, focusing on dietary factors associated with anti-inflammatory effects. The second aim is to explore the effects of dietary interventions for gout on cardiovascular risk and renal insufficiency. In addition, we will explore novel associations with the microbiome. We welcome different types of manuscript submissions, including original research articles and up-to-date reviews (systematic reviews and meta-analyses).

### Guest Editors

Dr. Amedeo Amedei

Dr. Camilla Fiorindi

Dr. Francesco Giudici

Dr. Edda Russo

### Deadline for manuscript submissions

closed (30 June 2023)



## Nutrients

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## About the Journal

### Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

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### Editors-in-Chief

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